

### **EOBC – SAFETY RULES 2010**

1. Anglers wishing to use power casting styles should use a minimum of 50lb breaking strain shock leader. Furthermore, it is recommended that the breaking strain of the shock leader should be a minimum shock leader of 10lb per oz of weight being used.

Any form of dangerous casting is prohibited.

2. The minimum distance between two anglers fishing on the beach must be 10metres or 12 yards. Any angler not adhering to this safety advice will be disqualified.
3. Beware of rising tides.
4. Fish in close proximity to other anglers. Tell someone where you will be and your expected time of return.
5. In many areas, high and soft muddy cliffs hinder the access to the beach. DO NOT climb up and down those cliffs.  
It is recommended to find an easy access to the beach and walk alongside the beach to the fishing spot.
6. Do not trespass onto private land in order to gain access to the beach.
7. Wear good waterproof boots and waterproof clothing.
8. Carry a simple First Aid Kit with plasters, anti-septic cream etc.
9. In an Emergency, dial 999 and ask for the Coast Guards.
10. Never leave any litter or rubbish behind.
11. Please take home discarded hooks, line and rigs.
12. When digging for bait back fill all the wholes as you dig.

Please be aware that you are an ambassador for the sport at all times and your behaviour should reflect this.